

Suggestions for participants 😊



1 Join early



2 Offer **extra warmth** with comments



3 **Turn ON your video**, optional but encouraged



4 **Stay on mute**, except when speaking



5 **Raise your hand**



6 You can **use the chat function**



7 **Let us know** if something should change or goes wrong



8 Sessions are **recorded** (not the breakout rooms or participants' videos or names)